

Cara Verschraegen

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Address: Fresialaan 8, 2960 Brecht, Belgium
Date of birth: 16 April 1999
Height: 173 cm
Languages spoken: Dutch, English and French



WORK EXPERIENCE

2020/09 - '20/10: **BALLET BÉJART**
Director: Gil Roman
3 months of training with the company

2019 - 2020: **JUNIOR BALLETT ANTWERP**
Director: Alain Honorez
Teachers: Altea Nuñez and guest choreographers

TRAINING

2018 - 2019: **EUROPEAN SCHOOL OF BALLET - Trainee Program**
Director: Jean-Yves Esquerre
Teachers: Christiane Marchant, Olivier Wecxsteen, Emilia Jovanovic, Luis Martin

2017 - 2018: **DUTCH NATIONAL BALLET ACADEMY - Trainee Program**
Director: Jean-Yves Esquerre
Teachers: Christiane Marchant, Olivier Wecxsteen

2009 - 2017: **ROYAL BALLET SCHOOL ANTWERP - Lower and upper school**
Former director: Michael Shannon - Current director: Nadia Deferm
Teachers: Jee Eun Petiqueux, Dominique De Blauwer, Gabi Sund, Kimmy Lauwens, Maria Metchkarova, Bart De Block, Kevin Durwael, Eva Moreno, Anatole Karpuchin

2008 - 2017: **DANCE STUDIO ARABESQUE**
Former director: Irma Swynen - Current director: Geneviève van Quaakebeke
Teachers: Alain Honorez, Altea Nuñez, Laurent Flament, Graig Davidson, Claudia Philips, David Jonathan, Min Hee Bervoets, Audrey Pascal



PERFORMANCE EXPERIENCE (selection)

2019 - European School of Ballet - Morning Grounds by David Dawson - Leading Role
2019 - European School of Ballet - Cantate 51 by Maurice Béjart - The Virgin - Leading Role
2019 - European School of Ballet - Animated Frescoes by Marius Petipa
2019 - European School of Ballet - Por ti Burgos by Luis Martin Ayo - Leading Role
2019 - European School of Ballet - Nutcracker - Grand Pas de Deux
2018 - National Ballet Academy - Dansers van Morgen - Arenal by Nacho Duato - Leading role
2018 - National Ballet Amsterdam - Sleeping Beauty - Hunt scene, mazurka/polonaise and serinnen fairy
2017 - Ballet Flanders - Joeri Grigorovitsj - Spartacus - Patricians and Weepers
2016 - Open Air show 'Winter in Antwerp' with Scala & Kolacny Brothers - Pas de deux and group piece
2016 - Last year students project - La Mascarade - lead role - Neo-classical
2016 - Yannick Boquin & Sinner Gönenç Boquin - Shostakovich - Classical group piece
2016 - Ballet Flanders - Sleeping Beauty - Head nurse
2016 - Samantha Allen Bancillon - Stars and Stripes (exerpt) - Neo-classical solo - Balanchine
2016 - Choreographies by Min Hee Bervoets, Laurent Flament, Alain Honorez, Altea Nuñez
2015 - 2016 - Kevin Durwael - Elevation - Neo-classical solo
2015 - Samantha Allen Bancillon - In the middle somewhat elevated (exerpt)- Neo-classical solo - Balanchine
2015 - Ben Van Cauwenbergh - Brel (exerpt) - Classical group piece
2015 - Eva Moreno - Lejos - Spanish group piece (3 girls & 3 boys)
2014 - Craig Davidson - This Bitter Earth - Modern group piece
2014 - 2013 - Michael Shannon - Coppelia, The Nutcracker and Sleeping Beauty
2012 - La Monnaie te Brussel - Lulu (exerpt) - Opera
2012 - The Royal Ballet of Flanders - Sleeping Beauty - Dwarfs, flower waltz

WORKSHOPS (selection)

- 2020 - **Maurice Béjart** - Sonate n°5 Solo and Pas de deux - By the ballet masters of Ballet Béjart
2020 - **Maurice Béjart** - Tous les hommes - by the ballet masters of Ballet Béjart
2020 - **Maurice Béjart** - Greek Dances - by the ballet masters of Ballet Béjart
2019 - **Maurice Béjart** - by Julio Arozarena
2019 - **Crystal Pite** - by Eric Beauchesne
2018 - 2019 - **August Bournonville** - by Dinna Bjorn and Eric Viudes
2017 - 2019 - **David Dawson** - by Christiane Marchant
2018 - **Nacho Duato** - by Emilia Jovanovic
2018 - **Nacho Duato** - Arenal - by Luis Martin Oya
2018 - **Marius Petipa** - Frescoes - by Irina Zavyalova
2017 - 2018 - **William Forsythe** - by Amy Raymond
2017 - 2013 - **Nederland Dans Theater (NDT)** - by among Spencer Dickhaus, Imre van Opstal, Roger van der Poel, Jianhui Wang, César Faria Fernandes, Rachel McNamee
2016 - **Ted Stoffer** - by Ted Stoffer
2016 - **Jiri Kylian** - by Yvan Dubreuil and Aurélie Cayla
2016 - **Leo Mujic** - by Ilja Louwen
2015 - 2016 - **George Balanchine** - by Samantha Allen Bancillon and Altea Nuñez
2015 - **Marco Goecke** - by Ralitzta Malehounova
2014 - **Brussels International Ballet** - by Anderson Santana, Jacques Marsa, Michael Shannon, Aron Schmidt
2014 - **Stage Door** - by Michael Shannon, Olga Melnikova, Vadim Bondar, Alexandre Fernandes, Tatiana Gryaznava
2014 - **Improvisation/composition** - by Fernando Hernando Magadan
2014 - **Francesco Nappa** - by Agalie Vandamme
2014 - 2015 - **William Forsythe** - by Aaron S. Watkin and Ana presta
2014 - **Wayne McGregor** - by James Pett and Fukiko Takase
2013 - **Antoine Vereecken** - by Antoine Vereecken
2013 - **Alexander Ekman** - by a dancer of NDT
2012 - **Jiri Kylian** - by Shirley Essenboom
2012 - **Mats Ek** - by Yamit Kalef
2012 - **Sagi Gross** - by Sagi Gross
2011 - **Sidi Larbi Cherkaoui** - by Navala Chaudhari

SUMMER SCHOOLS

- Dutch National Summer School (2017)
Munich International Ballet School (2017)
Palucca Hochschule Für Tanz Dresden (2016 - 2015 - 2014)
Dance Studio Arabesque - International dance stage (2016 - 2015 - 2013)
Royal Ballet School of London (2015 - 2014)
The Royal Ballet School of Antwerp (2015 - 2013 - 2012 - 2011)
L'Ecole De La Danse de L'Opéra de Paris (2013)

COMPETITIONS/AWARDS

- 2017 - Munich International Dance Competition - **Scholarship** for the summer school + **Performance** on the 'Gala'
2017 - The International Dance Festival Tanzolymp - Competition Classical and Neoclassical Solo – **Gold medal**
2017 - The International Dance Festival Tanzolymp - Neoclassical and modern group piece – **Gold medal**
2015 - The International Ballet Summer School Dresden - **scholarship** - to come back in 2016
2015 - Concours International de Danse Classique de Toulon- **Gold medal, Le grand Prix d'Artistique**
2014 - International Ballet Festival 'Dance Triumph'- **Silver medal**
2010 - Royal Ballet School Antwerp - Baroness Jeanne Brabants - **Outstanding dancer**

CHOREOGRAPHY

- 2018 - **Audition solo's** for classmates (Trainee Program Amsterdam) - Neo-classical and modern
2016 - **'La Mascarade'** - New ballet created by the last year students - Neo-classical
2016 - **'Own creation'** - Modern solo based on material of Leo Mujic
2016 - **'IS IT? Just because you can't see something doesn't mean it doesn't exist.'** - Modern solo
On the roof of the Royal Ballet School Antwerp
2016 - **'Passacaglia'** - Modern solo on live organ music played by Matteo Balliauw
Price: Won the public's price for the best performance of the evening.



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